



GOKYO LAKES & EVEREST BASE CAMP TREK 6 -20 OCTOBER 2023

INCLUDED

- Alex leading the group
- Max assistant leader and support
- Photography workshops
- Accommodation in tea houses x 15 nights
- Kathmandu hotel x 3 nights
- Breakfast & dinner during the trek
- Welcome Dinner in Kathmandu
- Porters for the group (generous pay)
- National Park permit
- Kathmandu Lukla return flight

EXCLUDED

- International flights to and from Kathmandu
- Visa USD 50 for 30 days, paid on arrival at airport
- Trip Insurance
- Health, rescue insurance add ons
- Airport transport (hotel can help arranging)
- Tips for porters
- Lunch during the trek, extra food beyond breakfast and dinner during the trek
- Food in Kathmandu
- Personal items and kit
- Alcohol
- Luxuries:
 - charging USD 2-6/ h
 - hot shower on the mountain USD 2-6
 - hot water litre in tea houses USD 1-4
 - wifi in the tea houses USD 2-5/ h

**If you have any questions regarding what's included or excluded in the price, please get in touch with Alex
Whatsapp: +41 79 480 8605 or Email: alex7summits@gmail.com**